



# Care and Maintenance of Spectacles

Ajay Kr Bhootra

- A smudgy or uncleaned glass may interfere with visual performance and thus jeopardizing the purpose for which they are worn.

- A simple care and maintenance regimen can prevent the occurrence of such event.

- A good care and maintenance program includes that the spectacle user should follow certain procedures to care for his spectacles

## How to wear spectacle?

- Use both hands to wear the spectacle on the face.
- Hold the open temple spectacle from the end piece of the front, take it to the front of your face, gently glide in the spectacle.
- Finally push down on the ears near the temple bend point.
- Make sure that it is placed properly on the nose.

## How to wear spectacle?



## How to take out the spectacle?

In order to remove the spectacle from the face, again use both the hands.

Hold the spectacle from the end pieces of the front, rotate the front down towards the cheeks so that the temple bend is released and then gently take it out.

## How to take out the spectacle?



When you sweat ?

When you perspire, sweat trapped by spectacles can cause red marks.

To prevent the same, remove the spectacle, pat the skin to dry before putting on the glasses back on.

## When your Spectacle not in use?

When your spectacle is not in use, put them inside the spectacle case suitable for your spectacle.

Remember not all cases are suitable for your spectacle.



## Up side up

In order to prevent lens damage, do not place the spectacle on any hard surface with open sides and up-side down.

Spectacle fitted with heavy lens tends to tip over so that they tend to rest on convex lens surface.

Always fold in the temples and keep the spectacle with convex surface of the lens facing up.



## Create Barrier

Create a barrier, when you wear your spectacle make sure that you remember to prevent the same from any sort of collision, dislodging, drops, mishandling and so on.

The reasons are simple; your glasses means a lot to you but it may not mean anything for others.

## One is not Enough

- Always keep at least a back up pair.
- A new glasses may take time for you to be ready for use.

## Cleaning the spectacle?

- Clean both - frame and the lenses .

## Cleaning Frame

Hold your spectacles from its frame body under tap water and drench the lenses from both sides.

Now put the spectacle below the flowing water of tap.

Let the water flow parallel to the lens surface.

Use soft cloth to dry the spectacle.

## Cleaning Lenses

Use optician's recommended sprays or solutions only.

Spray the solution on both sides of the lens.

Use your index finger and gently spread the solution across the lens surface on both the sides.

Then use micro fiber cloth or soft tissue to gently dab on the liquid to absorb the same.

Finally, rub the lens surface gently with the cloth in to and fro direction to give a clear shine look to lenses.

Circular cleaning or orbital rubbing should be avoided as more pressure may be applied and you may not reach to extreme corners of the lens.

- Clean your glasses before wearing and after removing from your face.

- Raindrops should be removed from the lens surface before they are dry and leave an evaporation marks. This is very important for Anti Reflection Coating lenses.

## Cleaning Lenses



## Ultrasonic Cleaners

The equipment produces ultrasound wave energy through the liquid, captured in the steel vessel that creates large number of tiny bubbles. When these burst their impact, the spectacle immersed in the liquid is cleaned.

Not recommended for rimless frames.

That's all.....

