



Shaping Your Eyesight,
Reshaping your Future

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Imagine what would have happened to those successful individuals if they could not have seen the world the way they saw.



Certain simple steps are enough to keep your eyes healthy and be away from all the emotional, physical, and financial problems that come with eye problems.

The only way to maintain eyesight is to have periodic examination by a professional eye care practitioner.

Eye Examination Services

Available through several different venues

- Independent Ophthalmologists
- Eye department of a multidisciplinary hospital
- Group eye care practice (Optometrists, Ophthalmologists or both),
- Independent Optometrists
- An optical shop also offers eye exams by an attached Optometrist
- Orthoptists

Neonate's Eyes :

Examine when you see discharge, abnormality in size and appearance, opacity in the eye.

Toddler's Eyes:

Follow the movement of their mother in the room and later to any object held in front of his eyes.

Any abnormality seen in the eye movement should be noted and a professional consultancy of an Orthoptist should be taken immediately.

School Going Child:

When they complain of not being able to see the blackboard or television, don't overlook as uncorrected refractive error may lead to squint and amblyopia.

*Sometimes eyesight can be the only
reason for poor performance in schools*

Teens and Adults:

Periodic eye examination is very important, especially in today's lifestyle.

Eyes or visual system may be the reason for your headache, eye ache, dizziness, visual and overall fatigue which may affect your occupational performance.

A middle age presbyope must undergo eye examination at least once a year.

When you report any instances of red eyes, watering, itching, pain, squinting, burning sensation, irritation or any other type of infection.

Outdoor Worker:

Use sunglasses to prevent heavy exposure to ultraviolet light. Constant exposure to UV rays may lead to early cataract or other corneal and conjunctival diseases.

People with family history of glaucoma, diabetes or hypertension must routinely visit the specialist eye care practitioner for early detection and possible prevention.

Never instill any eye drop without the prescription of your eye care practitioner.

Cultivate the habit of making your spectacle from a good optician.

Remember making good spectacle needs lot of technological involvement, expertise and experience.

Only an experience optician with strong technological background can perform the job.

Eye care is a serious concern that is often neglected by us.

Quite often we take vision for granted

Always remember a hard truth “ Being aware of the importance of protecting your vision can help you to avoid problems in the future.”

Being aware of the importance of eye care .
It is important to shape your future

That's All.....