

COVER TEST

Work Sheet

AIM: To detect Phoria or Tropia.

Name of Subject:

Age

Student' Name:

Date

1. Ask the subject to wear his corrective glasses
2. Sit in front of the subject at his level
3. Perform cover test separately for distance and near
4. Use one letter of distance chart one line below threshold acuity for distance target and use either torch or accommodative target for near

UNILATERAL COVER TEST FOR DISTANCE :

1. Cover RE observe the movement of LE _____
2. Remove the occluder from RE, wait for a few seconds.
3. Cover LE, observe the movement of RE _____

Diagnosis _____ TROPIA

ALTERNATE COVER TEST FOR DISTANCE:

1. Cover RE and the switch to cover LE immediately.
2. Observe just uncovered eye movement _____

Diagnosis _____ PHORIA

UNILATERAL COVER TEST FOR NEAR:

4. Cover RE observe the movement of LE _____
5. Remove the occluder from RE, wait for a few seconds.
6. Cover LE, observe the movement of RE _____

Diagnosis _____ TROPIA

ALTERNATE COVER TEST FOR NEAR:

3. Cover RE and the switch to cover LE immediately.
4. Observe just uncovered eye movement _____

Diagnosis _____ PHORIA

RESULT : Dist..... Near.....